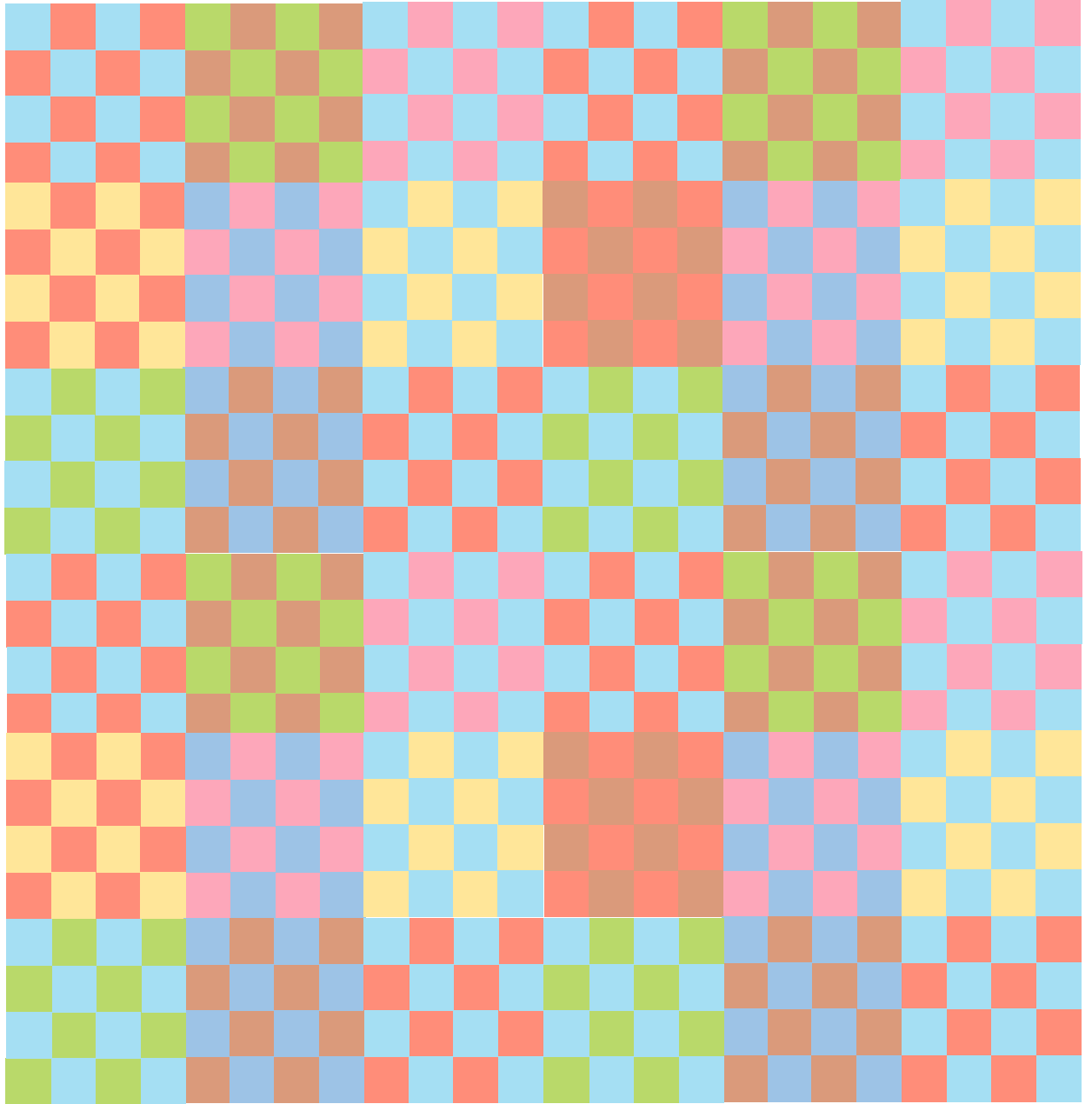




St Louis 16 Patch Quilt Pattern

- Beginner Friendly -



Floor Pillow 32" x 32"
Large Crib 48" x 48"
Small Throw 48" x 64"
Square Throw 64" x 64"

Rectangle Throw 64" x 80"
Bed 80" x 80"
Super Bed 80" x 96"
Super Duper bed 96" x 96"



Fabric Requirements and notes

This is one of my most favourite quilts to make- it comes together so quickly and uses almost the whole fat quarter (plus no backing fabric needed). It's beginner friendly and very forgiving and not complicated at all. This is actually a traditional quilt block and there are lots of tutorials out there but I wanted to make one that had very little fabric waste ☺

For beginner quilters:

I have lots of beginner resources on my website- I'd recommend having a little browse at the Quilt 101 section: <https://www.jozmakesquilts.com/quilt-101> or specific posts:

- Quilting 101- **The Basics** <https://www.jozmakesquilts.com/blog-and-tutorials/quilting-basics>
- Quilting 101- **The Tools** <https://www.jozmakesquilts.com/blog-and-tutorials/my-favourite-quilting-tools>
- Quilting 101- **Planning & Design** <https://www.jozmakesquilts.com/blog-and-tutorials/planning-and-design> (skip to Section 3 because presumably you've already chosen this pattern to make ☺)
- Quilting 101- **Cutting** <https://www.jozmakesquilts.com/blog-and-tutorials/cutting-fabric>
- Quilting 101 – **Making your Quilt Top** <https://www.jozmakesquilts.com/blog-and-tutorials/quilting-101-making-your-quilt-top>
- Quilting 101- **The Quilt Sandwich** <https://www.jozmakesquilts.com/blog-and-tutorials/quilting-101-quilt-sandwich>
- Quilting 101- **Quilting (Hand Quilting Edition)** <https://www.jozmakesquilts.com/blog-and-tutorials/handquilting>
- Quilting 101- **Binding** <https://www.jozmakesquilts.com/blog-and-tutorials/how-to-bind-a-quilt>

Throughout the pattern, I've included links to the relevant blog posts/ tutorials, so if any of the instructions are stumping you, you can refer to that specific page. *They can be spotted easily as they are in italics, blue and there's a little smiley face ☺*

When choosing your fat quarters, I recommend including some low volume ones so that you have some contrast. Other than that, you can go as bright, or subdued as you like!

Fabric Requirements

	Floor Pillow 32" x 32"	Large Crib 48" x 48"	Small Throw 48" x 64"	Square Throw 64" x 64"
Fat Quarters	4	9	12	16
Binding	0.3 yards (5 strips)	0.5 yards (6 strips)	0.5 yards (7 strips)	0.5 yards (7 strips)
Backing	1 yards	2-3 yards	2-3 yards	3-4 yards
	Rectangle Throw 64" x 80"	Bed 80" x 80"	Super Bed 80" x 96"	Super Duper Bed 96" x 96"
Fat Quarters	20	25	30	36
Binding	0.75 yards (8 strips)	0.75 yards (9 strips)	1 yard (10 strips)	1 yard (11 strips)
Backing	4-5 yards	5-6 yards	7-8 yards	8-9 yards

If you'd like to know more about measurements, why inches and yards etc are used, check out [this link](#) ☺

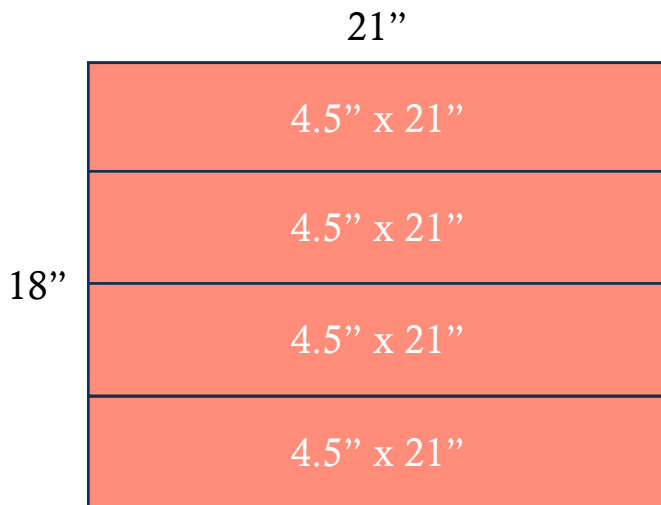


Cutting + Sewing Instructions

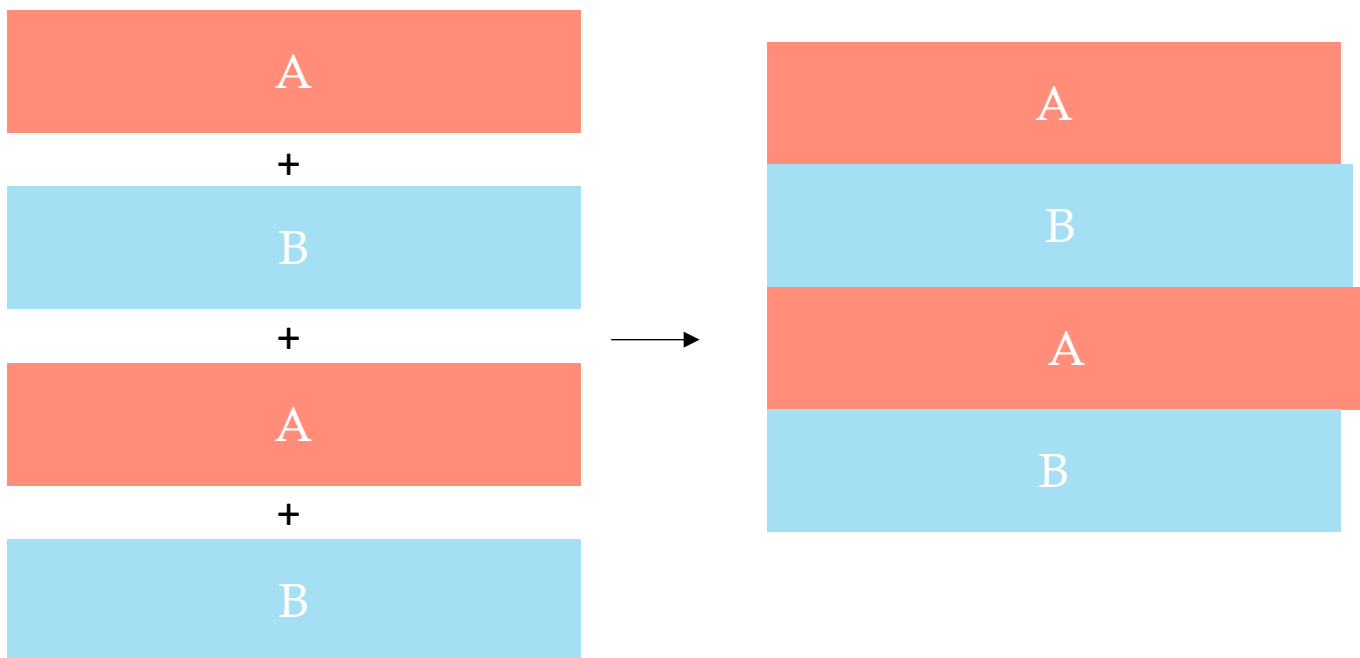
© For Quilting 101 guidance on cutting AND tips and tricks for speeding up the cutting process, go to <https://www.jozmakesquilts.com/blog-and-tutorials/cutting-fabric>

Fat quarters:

From each fat quarter (FQ), you need to cut (4) strips that are 4.5" x 21-22" each (the length of the fat quarter). Be careful with your cutting as this uses exactly the width of a fat quarter.



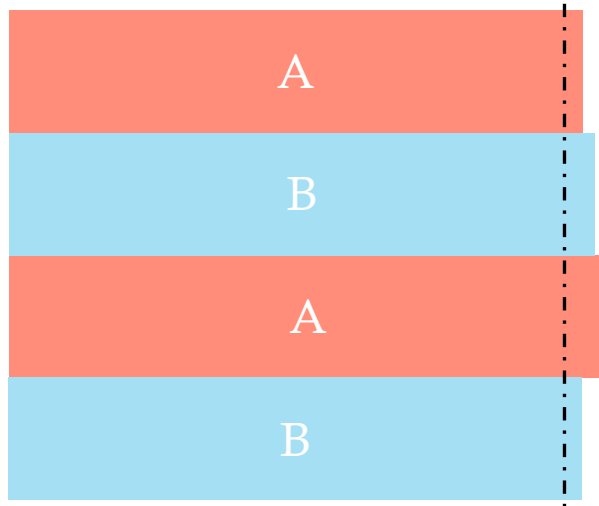
Then, take two strips of fabric from one fat quarter (Fabric A) and two strips of fabric from another fat quarter (Fabric B) and sew together using a 1/4" seam in the following order- A | B | A | B. Press your seams in the same direction.



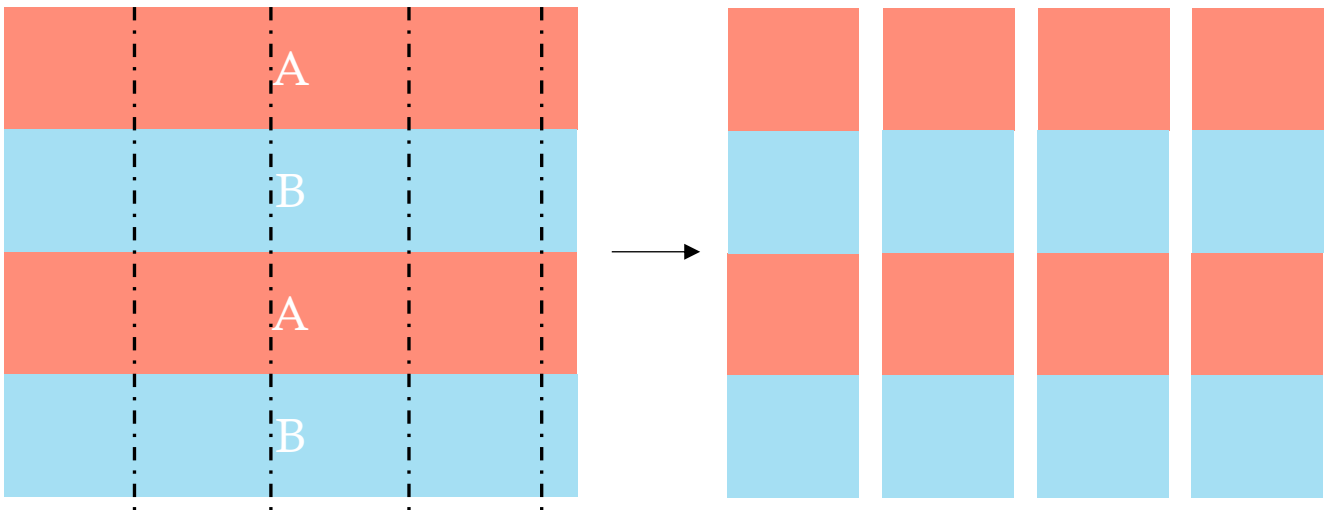


Sewing Instructions

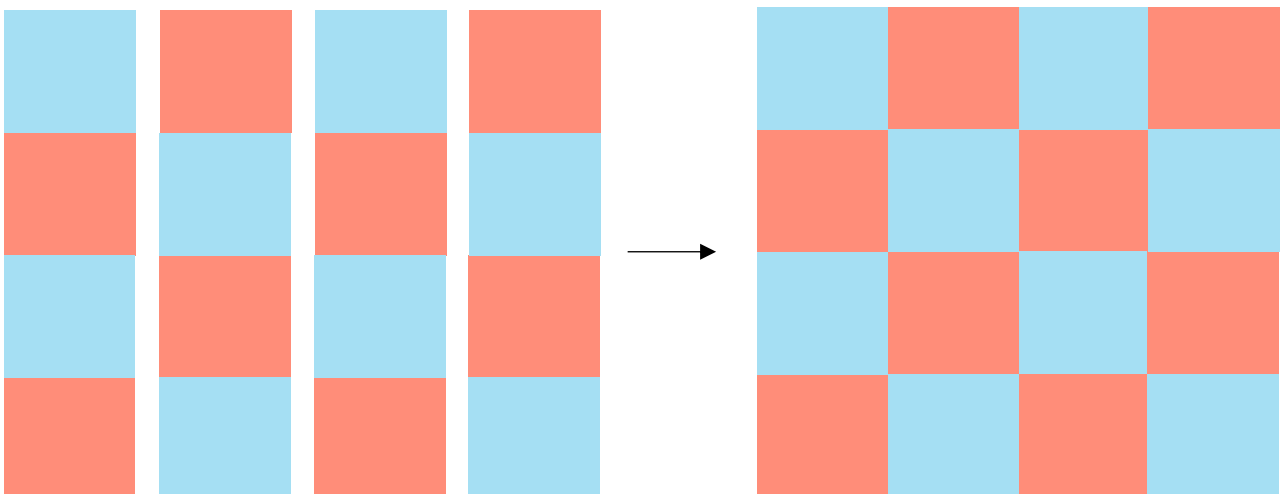
Using your rotary cutter, trim off the uneven edge:



Then cut your strips into (4) 4.5" wide pieces. You will have a little bit extra leftover which you can save for scraps.



Then, flip the first and third columns and sew all four pieces together using a 1/4" seam:



Sewing instructions

Your first block is complete! You can now repeat this using your other fabrics. to make the total number of blocks required:

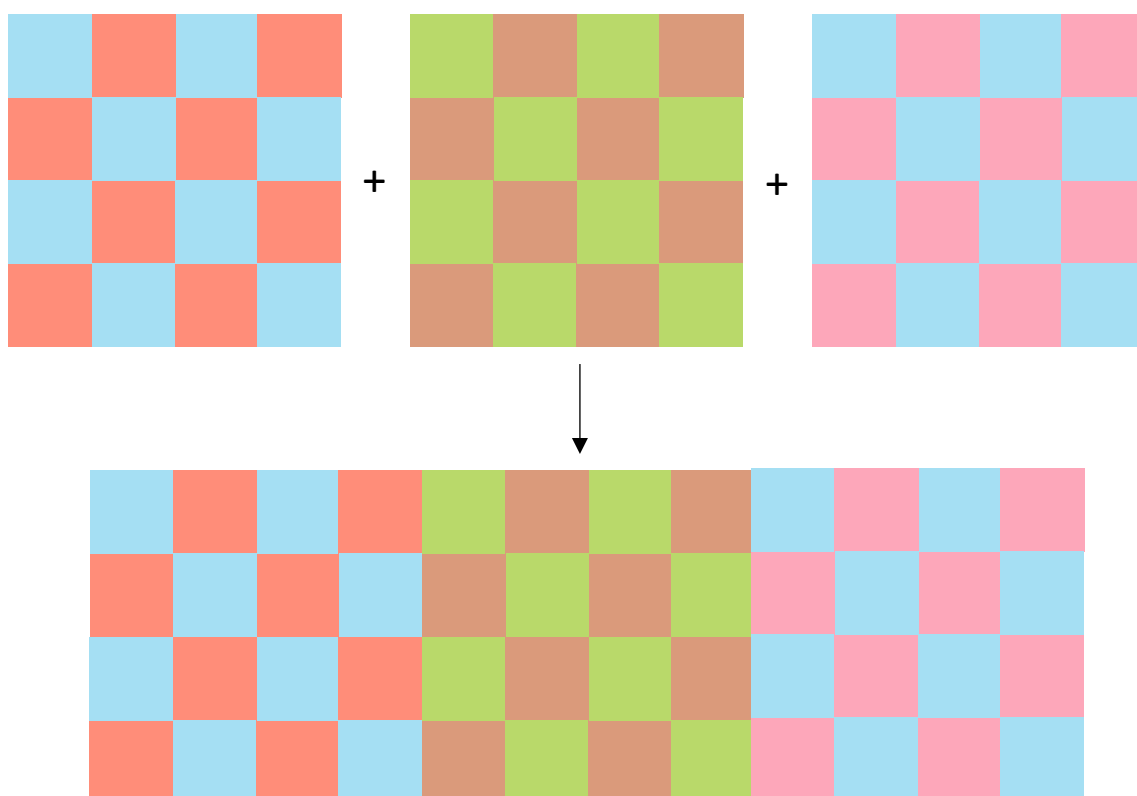
- **Pillow:** 4 blocks
- **Large Crib:** 9 blocks
- **Small Throw:** 12 blocks
- **Square Throw:** 16 blocks
- **Rectangle Throw:** 20 blocks
- **Bed:** 25 blocks
- **Super Bed:** 30 blocks
- **Super duper Bed:** 36 blocks

You can either choose to have two blocks the same (eg use the remaining 2 strips from each of Colours A and B and sew them together) or you can mix and match- for instance, maybe you want to put Colour A with Colour J!

It's now time to assemble our quilt top! First we are going to sew our rows together using a 1/4" seam, right sides together.

- **Pillow:** 2 rows of 2 blocks each
- **Large Crib:** 3 rows of 3 blocks each
- **Small Throw:** 4 rows of 3 blocks each
- **Square Throw:** 4 rows of 4 blocks each
- **Rectangle Throw:** 5 rows of 4 blocks each
- **Bed:** 5 rows of 5 blocks each
- **Super Bed:** 6 rows of 5 blocks each
- **Super duper Bed:** 6 rows of 6 blocks each

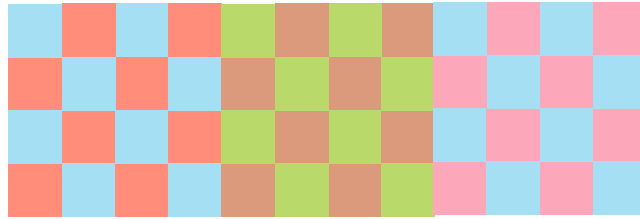
Spend a little time (but not too much time) arranging your blocks so there is a good mixture of colours. The diagram is for the large crib size as an example.



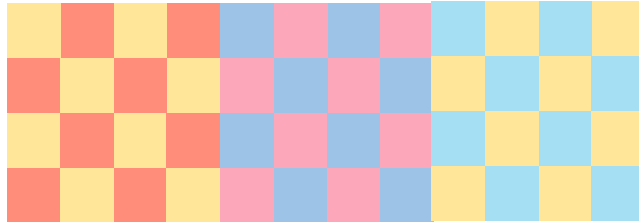


Sewing instructions

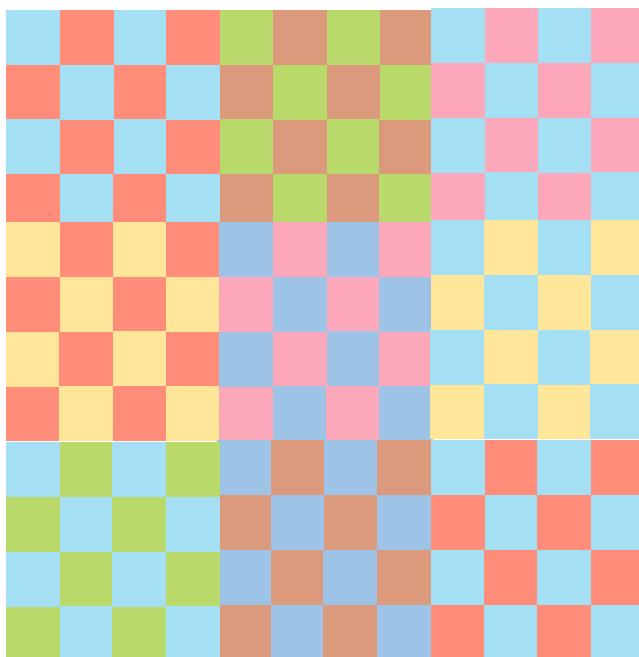
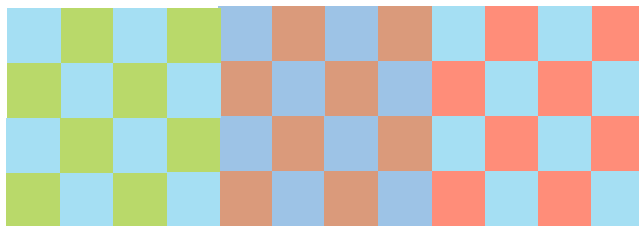
Then sew each of your rows together (using 1/4" seam):



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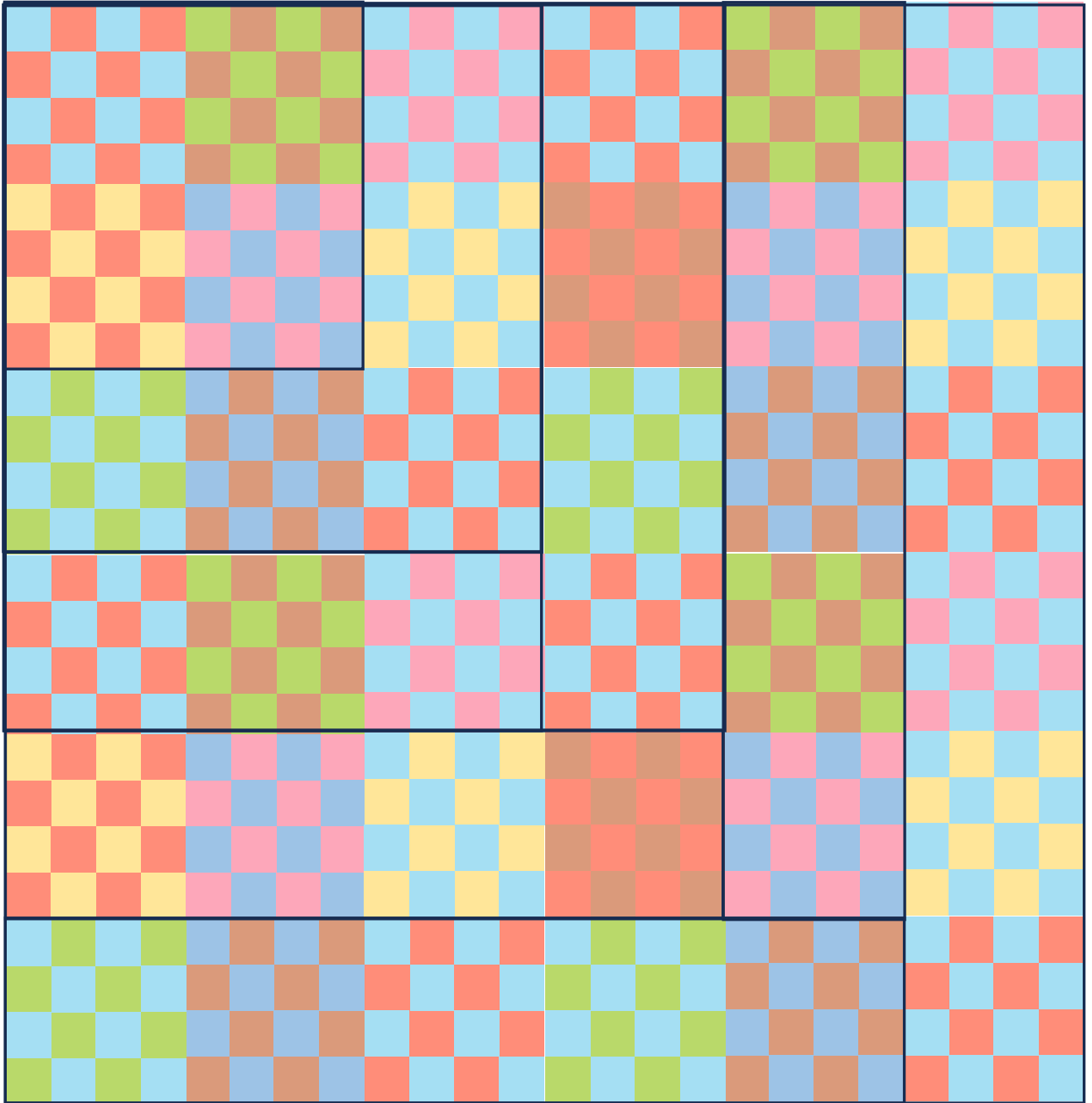


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Sewing instructions

And your quilt top is done!



Baste, quilt and bind as desired 😊